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Next edition: March

Welcome to Issue #11

from Stephen Quick

Postdoctoral Research Fellow

Hi everyone, and welcome to the final edition of the **Allied Health Research Newsletter for 2025**.

It has been a **massive year for allied health research**. We've seen clear and sustained growth in our publication output over the past four years, reflecting the depth of work happening across NH. While so much excellent innovation and implementation work occurs in healthcare, publications such as these allows our work to be shared and built upon more broadly, ensuring that our findings inform practice well beyond our own organisation.

One of our key goals this year as the Allied Health Research Team was to connect with clinicians across all disciplines and sites, as we continue to embed research into the care and work we do every day. The Allied Health Research Roadshow provided a fantastic opportunity to do just that, and it was genuinely exciting to see the level of engagement, curiosity, and discussion across teams. I'm very much looking forward to seeing how these conversations evolve into meaningful and impactful research projects in 2026.

Earlier this week, Northern Health Research launched the **2026 Northern Health Research Grant Program**. This year the process will run in two stages, with expressions of interest closing on **2 March**. Now is a great time to start thinking about potential project ideas, and the Allied Health Research team is always happy to support you as your ideas take shape.

There is a lot of exciting content in this edition. Allied health clinicians have been incredibly busy in recent months: on site through **Stepping Into Research** and **Northern Health Research Week**, and across the country at a range of conferences. We do tremendous work here at Northern Health, and it's fantastic to see that work reaching wider audiences.

You should be incredibly proud of what has been achieved in 2025. To those taking some well-earned time off over the Christmas period, enjoy the break with friends and family, and we look forward to seeing you refreshed in 2026. To those working over the coming weeks, thank you sincerely for everything you do.



Northern Health acknowledges Victoria's Aboriginal communities and their rich culture and pays respect to their Elders past, present and emerging. We acknowledge Aboriginal people as Australia's first peoples and as the Traditional Owners and custodians of the land (the Wurundjeri people) on which Northern Health's campuses are built.

We recognise and value the ongoing contribution of Aboriginal people and communities to our lives and we embrace the spirit of reconciliation, working towards the equality of outcomes and ensuring an equal voice.

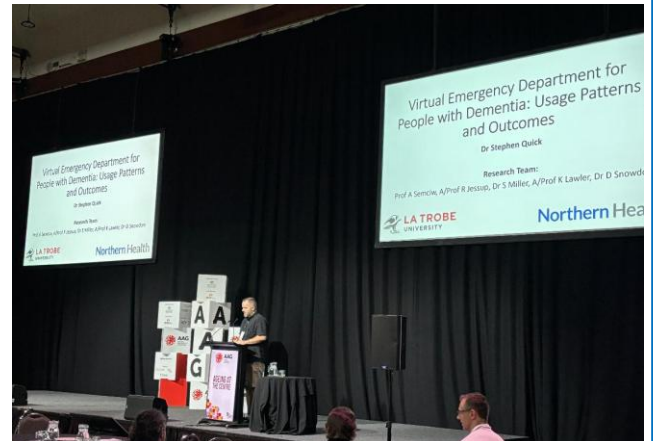
Northern Health celebrates, values, and includes people of all backgrounds, genders, sexualities, cultures, bodies and abilities.



HOT OFF THE PRESS: AAG Grant awarded

Congratulations to **Dr Stephen Quick** (AH Research Team) on being awarded a \$10,000 RM Gibson Program research grant as part of his research project titled “Exploring Perspectives on Virtual Emergency Care for Dementia: A Qualitative Study”.

This important study will examine how families, clinicians, and service providers view the role of virtual emergency care in supporting people living with dementia. By capturing diverse stakeholder perspectives, Stephen’s work aims to inform future models of care.



In addition to this exciting grant achievement, Stephen recently presented at the **Australian Association of Gerontology (AAG) Conference** in Alice Springs. His presentation highlighted the growing need for novel approaches to emergency care in dementia, particularly in rural and remote contexts where access to timely support can be limited. The session sparked valuable discussion among delegates about how technology-enabled care can bridge service gaps and empower both patients and carers. We look forward to seeing his project evolve in 2026!

You can read more about the 2025 RM Gibson Program awardees [here](#).

2025 Allied Health Research Roadshow concludes

The AH Research team, alongside the Ethics and Governance Team, have officially completed their roadshow across allied health for 2025, with the final sessions facilitated in September. A total of 11 sessions were delivered across Speech Pathology, Dietetics, Social Work, Occupational Therapy, Physiotherapy, Exercise Physiology, Podiatry and Orthotics!

Thank you to all leaders and clinicians involved at Northern Health as well as representatives from La Trobe University on the success of this initiative. The AH Research team look forward to progressing with key projects across allied health in 2026 and assisting with the Northern Health small research grant rounds to be advertised in the new year.



Allied Health Excellence Awards

Northern Health's 2025 Allied Health Excellence Awards were held this year on International Allied Health Professionals Day, bringing together finalists, colleagues and allied health leaders to celebrate allied health clinicians. Congratulations to **Hannah Silva** (Dietetics) and **Monika Sekulov** (Speech pathology) for being awarded, as well as **Emily Farrugia** (Dietetics/AH Research) as finalist, for the 'Allied Health Excellence in Research Award'. A big congratulations also to the **Progressive Neurological Disease Clinic team** (image below), a multidisciplinary team including allied health, nursing and medical teams, on also receiving an award of excellence, with an increasing number of grant submissions and publications seen in the past year. These successes highlight the breadth of research excellence across our teams—from individual projects to collaborative initiatives—and reinforce our collective commitment to advancing knowledge and improving care.

Read more about Hannah Silva and Monika Sekulov on page 12 and 13 of this issue.



Musculoskeletal Wellness Grant awarded

Congratulations to the **Allied Health Research and Physiotherapy (Musculoskeletal Wellness)** teams for securing a \$390K translational research grant from the Ramsay Foundation. This funding will support the development of a virtual pre-operative program for older adults undergoing joint replacement surgery.

This project will support ongoing development of a virtual pre-operative program for older adults undergoing joint replacement surgery. The grant reflects the growing recognition of allied health leadership in translational research—bridging evidence and practice to deliver innovative models of care.

This achievement highlights the collaborative strength of our teams and their commitment to advancing musculoskeletal wellness through research that directly benefits patients. We look forward to sharing updates on the program's development in future newsletters and its impact on surgical pathways in future.



Conferences attended

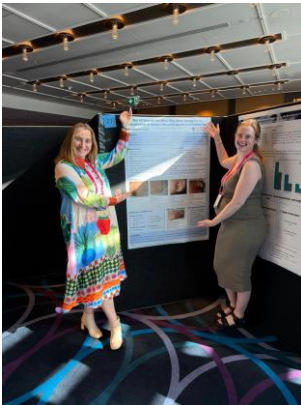
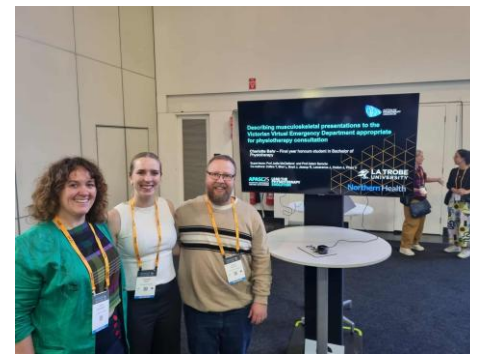
Well done to staff who have travelled across Melbourne and interstate to present Northern Health research in the past quarter – read further below for details.

In September, **Nikki Frescos** (AH Research Team) presented at the Asia Pacific Association for the Diabetes Limb Prevention conference.

The Australian Physiotherapy Association conference (APACS25) was held in October. **Shalini Jayasekera** (Physiotherapy) presented on “Examining the implementation of digital vestibular rehabilitation using the RE-AIM framework: a systematic review”, whilst **Ed Leahy** (Physiotherapy) presented “Does online clinical mentoring for physical therapists enhance clinical practice and patient outcomes? A randomized controlled trial”, evaluating the impact of a form of online clinical mentoring on patient outcomes. His results have been published in the Journal of Manual and Manipulative Therapy, available [here](#).

In November, several members of the podiatry team attended the Diabetes Feet Australia conference in Sydney and delivered the following presentations:

- "Boney and Inflammatory Changes of the Ipsilateral Foot Following First Toe and Partial First Metatarsal Amputation: A Case Series" (**Rhiannon Mackley**)
- “Smarter, Faster, Greener – How 3D Scanned Foot Orthoses are Transforming High-Risk Foot Management at Northern Health” (**Jaspreet Kaur**)
- “Not all wounds are what they seem: Navigating the Complexities of Atypical Wound Diagnosis in a Diabetic Foot” (**Jaymie Hughan**)



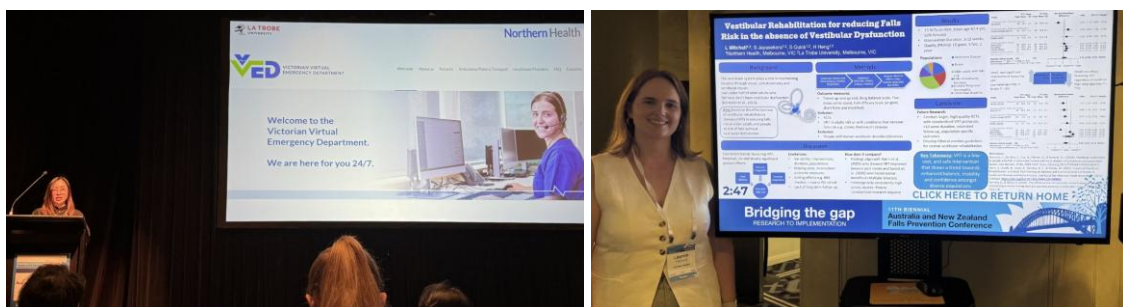
Nikki Frescos (AH Research Team) presented on her talk titled “An economic viewpoint on diabetic foot care” at the D-Foot International Day Conference in November.

Conference news

The 2025 Innovations in Allied Health Hospital Workforce National Conference held in November. **Emily Farrugia** (Dietetics/AH Research) participated as a panellist discussing her advanced practice role in gastrostomy management within Northern Health, **Tom Collins** (Physiotherapy) presented on his role and learnings as an advanced practice physiotherapist working in VVED (“Advanced-Practice Physiotherapy in Virtual ED: Utilising Allied Health Expertise to Manage a Complex Problem” and **Mary De Gori** (Allied Health Director) chaired the last session on ‘Optimising Wellbeing’.



At the 11th Biennial Australia and New Zealand Falls Prevention Conference (November). **Hazel Heng** (AH Research Team) presented on “Delivering Patient Falls Prevention Education in Hospitals – The Consumer Perspective” whilst **Lauren Mitchell** (Physiotherapy) presented her poster “Vestibular rehabilitation for reducing falls risk in the absence of vestibular dysfunction”. Well done!



Congratulations also to **Gemma Monaghan** (Dietetics) and **Emily Farrugia** (Dietetics/AH Research) who have both been accepted to present at the DA Research Summit in February (details below). Please see upcoming conferences below – **if you would like advice on an abstract** or are curious about ethics approvals required prior to presenting, reach out to the AH Research Team.

January –
March

- International Conference on Diabetes & Metabolism (ICDM) (**Allied Health**) – January; <https://waset.org/diabetes-and-metabolism-conference-in-january-2026-in-sydney>
- Dietitians Australia 2026 National Nutrition and Dietetics Research Summit (**Dietetics**) – February; <https://daa-abstracts.secure-platform.com/site/home/home>
- Austin Intestinal Failure and Transplant Symposium (**Allied Health**) – February; <https://www.trybooking.com/events/landing/1493923>

Have you attended a conference recently or presenting in future?

Northern Health recommends staff who attend conferences share relevant knowledge and resources to their relevant teams when taking conference leave. If you have news to share, please use this platform and get in touch with Emily.farrugia@nh.org.au for the next edition.

CARE Fellowship commencing 2025

The AH Research Team will be launching the **Clinical Audit for Research and Evidence (CARE) Fellowship** in 2026, with the program set to commence in April.

The CARE fellowship will be offered to staff in Allied Health only, with the aim of introducing allied health clinicians and leaders to the process of undertaking a quality improvement project and developing a clear focused clinical question. Similar to the Stepping into Research Program, this will include:

- A 12-week targeted program including 4 small group training workshops
- 1:1 allocation to a mentor with experience in research
- End of program presentation

Participants will be mentored through completion of the program as well as a non-HREC ethics application and abstract submission to Northern Health Research Week in 2026.

Wondering how to apply?

- 1) Interested candidate attends a drop-in session to formulate research question/topic of interest
- 2) Expression of interest form is completed
- 3) Applicants undergo panel selection process, based on criteria including value to Northern Health, importance to Allied Health and quality of research question.
- 4) Candidates announced in March

Drop-in sessions are planned for the 12th and 19th of February in 2026 and are required for every applicant as part of entry into the program. Further information will follow once the program is officially advertised early 2026.

Library updates

New journal subscription (Journal of the American Academy of Dermatology) and fee-free publishing in 2026

The NH Library now provides full access to the [Journal of the American Academy of Dermatology \(JAAD\)](#). Staff can explore the latest dermatology research, clinical insights and practice updates, available onsite and remotely (use staff number to log in).

The NH Library is also excited to highlight fee-free publishing options for 2026. Northern Health affiliated corresponding authors can publish without paying Article Processing Charges (APCs) in:

- BMJ Case Reports (use fellowship code SF0364026)
- Taylor & Francis journals (a broad suite of titles covering allied health, medicine and nursing)
- Springer journals (hybrid titles)
- Oxford University Press journals (hybrid titles)

More information is available [here](#). If you're considering submitting a manuscript in 2026, the Library can help verify journal eligibility and guide you through the process.

Stepping Into Research (SIR) update

Congratulations again to all 9 participants of the 2025 Stepping into Research Program of 2026:

Megan Bunting (Physiotherapy) - The effect of brief preoperative education interventions compared to other prehabilitation interventions on postoperative outcomes in surgical patients.

Elise Moyle (Physiotherapy) - Remote patient monitoring for community-based care following hip and knee arthroplasty: a systematic review.

Alison Caldow (Physiotherapy) - What is the effect of a virtual observation unit versus standard care on hospital presentation for older adults discharged home from emergency department post fall?

Annie Nguyen (Physiotherapy) - Does skin-to-skin contact (Kangaroo Care) in preterm and low birth weight infants improve developmental outcomes?

Jessica Brain (Dietetics) - How is cow's milk protein allergy diagnosed and managed in preterm and small for gestational age infants in the inpatient setting?

Danika Arney, Kate MacIvor and Renee Craig (Occupational Therapy) - Healthcare Staff, Patients and their Families' Experiences with Virtual Home Visits for Inpatients: A Qualitative Systematic Review.

Shiao-Hua Kwong (Psychology) - How do non-pharmacological RCTs targeting circadian rhythm and sleep in bipolar disorder report and ensure intervention fidelity, and what is the quality of the evidence for clinical efficacy?

Jessica Gillies (Speech Pathology) - Rehabilitation interventions to prevent and treat depression in post-stroke aphasia: An updated systematic review.

Casey Kiss (Social Work) - What challenges do health professionals experience when delivering virtual healthcare to First Nations People?



We also celebrate the hard work and dedication of previous participants in the program in this last quarter:

- **Rebecca Turnbull's** publication (Exercise Physiology) in the [European Journal of Physiotherapy](#).
- **Lauren Roberts's** publication (Dietetics) in the [Journal of Human Nutrition and Dietetics](#).
- **Lauren Mitchell** (Physiotherapist) and **Shalini Jayasekera** (Physiotherapy) submissions following the Stepping into Research program at the 11th Biennial Australia and New Zealand Falls Prevention Conference and Australian Physiotherapy Association conference (APASC25) this year.

2025 Research Report

Another quick plug... The 2025 Research Report will be disseminated across all allied health, including mental health, early in 2026. If you wish to share relevant information and images from the list below, please speak with your **Allied Health Research Committee Representative** (on page 10) or notify the Allied Health Research team (AH.Research@nh.org.au) as soon as possible.

Current Allied Health low risk research projects

- ✓ Falls and Body Schema Research Project (**Physiotherapy**)
- ✓ Relationship between back pain beliefs, health literacy and presentation to ED with low back pain (**Physiotherapy**)
- ✓ Understanding the feasibility of implementing an electronic Health Passport for people living with disability and/or complex needs accessing Victorian public healthcare organisations (**Physiotherapy**)
- ✓ Allied Health Research Clinic (**Physiotherapy and Orthopaedics**)
- ✓ Web based resource for people with osteoarthritis: a pragmatic feasibility study (**Physiotherapy and Orthopaedics**)
- ✓ HIPSTER: HIP fracture Supplemental Therapy to Enhance Recovery (**Physiotherapy and Orthopaedics**)
- ✓ The association between toe-brachial index results and haemodialysis in patients with End Stage Kidney Disease (**Podiatry**)
- ✓ Australian Diabetes High Risk Foot Service Database (**Podiatry**)
- ✓ Establishing if a bespoke focused rigidity cast containing an air gap reduces pressure at the posterior heel (**Podiatry and Orthotics**)
- ✓ Guardianship in Hospitals – A Health Services / OPA Hospital Pilot Program (**Social Work and Psychology**)
- ✓ Implementing cognitive intervention for older people in Memory Clinics: A pilot feasibility study (**Psychology**)
- ✓ Participation in the electronic Persistent Pain Outcomes Collaboration (ePPOC): An initiative to support continuous improvement in the quality and effectiveness of pain management in Australia (**Psychology**)
- ✓ An analysis of the Safer Care Victoria and Alfred Health collaboration to facilitate implementation of analgesics stewardship programs in Victorian Health Services (**Pharmacy**)
- ✓ Breathing Room: Virtual Pharmacists Bridge the Gap in Asthma Care (**Pharmacy**)
- ✓ Consumer led teach-back to improve recall and retention of health information: A mixed methods randomised controlled trial (**Pharmacy**)
- ✓ Medication transcription errors associated with electronic prescribing during internal hospital transfers of care: a multi-centre study (**Pharmacy**)
- ✓ Investigation of on-site food purchasing behaviour and attitudes at Northern Hospital (**Dietetics**)
- ✓ Victorian ICUs' Nutrition Practices Survey (**Dietetics**)
- ✓ Investigating Malnutrition Australian Diabetes High Risk in Victorian Cancer Services: Malnutrition Prevalence Study 2018 (**Dietetics**)
- ✓ Digital Remote Patient Monitoring for the Progressive Neurological Disorders Clinic at Northern Health (**Speech Pathology, Occupational Therapy & Community Therapy Services**)
- ✓ Measuring occupational therapy practice in acute and sub-acute inpatient healthcare settings (**Occupational Therapy and Hand Therapy**)
- ✓ Stroke survivors' experience of feedback about their cognitive performance (**Occupational Therapy**)
- ✓ Staff attitudes to using technology to support evidence based medicine and virtual care delivery (**Allied Health**)
- ✓ Setting health service research priorities: a three-step participatory study (**Allied Health**)
- ✓ Understanding the driving support perspectives of community dwelling people living with a mental health condition (**Allied Health Mental Health**)
- ✓ Sleep, Wellbeing & Psychosis: Investigating Transdiagnostic Processes with Consumers Accessing Community Mental Health Services (**Allied Health Mental Health**)
- ✓ ACT in Workplace (**Allied Health Mental Health**)

Approved allied health research projects (non-HREC)

- ✓ Evaluating time efficiencies following the introduction of an Automated Dispensing Cabinet within a mental health ward **(Pharmacy)**
- ✓ Assessing the impact on Pharmacist involvement in clinical transition during an organisation wide electronic medical record implementation **(Pharmacy)**
- ✓ An analysis on the degree of variation in dosing carboplatin using creatinine clearance, CKD-EPI and CamGFR v2 **(Pharmacy)**
- ✓ Partnered Pharmacist Medication Charting (PPMC) during Hospital in the Home (HITH) inpatient stay **(Pharmacy)**
- ✓ The impact of Pentrox® as an effective patient control analgesia alternative and its cost-saving benefits **(Pharmacy)**
- ✓ Prescriptions, Practices, and Patient Paths – A post-surgical analysis of oxycodone prescription **(Pharmacy)**
- ✓ Evaluation post-stroke communication and swallowing care: is it feasible? **(Speech Pathology)**
- ✓ MRFF Safe Recovery Reducing Falls Injuries by Older People (Phase 1) **(Physiotherapy)**
- ✓ Factors associated with research interest, confidence and experience in allied health clinicians **(Allied Health)**
- ✓ Determining care outcomes of patients seen by podiatry during an admission after peripheral arterial disease is identified **(Podiatry & Orthotics)**
- ✓ Musculoskeletal Wellness Program Evaluation **(Orthopaedics, Physiotherapy & Staying Well)**
- ✓ A Retrospective Cross-sectional Study on the Outcomes and Associated Factors of Bodily Restraints in the Emergency Department for patients with Mental Health Disorders at The Northern Hospital **(Mental Health)**
- ✓ Mental Health Outlier Program (MHOP) evaluation **(Mental Health)**
- ✓ Community follow up of mental health consumers discharged from forensic services **(Mental Health)**
- ✓ Review of Mental Health Clinicians perceptions of NWAMHS Dietitian service and Weight Bias **(Mental Health)**
- ✓ Innovate & Integrate: Research Training Series for Mental Health Nursing Evaluation **(Mental Health)**
- ✓ Medtasker and Allied Health **(Allied Health, Informatics)**
- ✓ Advanced Practice Paediatric Dietitian (Nasogastric Tube Insertion and Management) Evaluation **(Dietetics)**
- ✓ Northern Health Spasticity Clinic Review and Recommendation for Redesign **(Community Therapy Service)**

Your Allied Health Research Committee Representatives

- Jeff Khoshaba/Rebekka Syrjanen (Pharmacy)
- Jaspreet Kaur (Podiatry)
- Rebecca Turnbull (Exercise Physiology)
- Miyuki Watanabe (Speech Pathology)
- Emily Farrugia (Dietetics)
- Adrienne Munro (Occupational Therapy)
- **Awaiting new representative** (Physiotherapy)
- Brooke Froud Cummins (Psychology)
- Alycea Formosa (Social Work)
- Carolyn Dun (Mental Health)
- Jack Yeung (Prosthetics and Orthotics)
- Yue Hu (TALS)
- Justine Slattery (AH Education)

Allied Health Research Clinic:

Are you:

- ✓ Thinking of starting a research project or have a burning question you're not sure how to answer?
- ✓ Seeking help on an ethics application, whether that be non-HREC, HREC or a QA?
- ✓ Data collecting and wanting extra assistance with interpreting statistics?

The Allied Health Research Clinic is jointly funded by Northern Health and La Trobe University and aims to promote and support research at Northern Health by providing clinicians with the necessary information, education and often the starting point to commence or plan their research projects or ideas.



How to book?

Allied health clinicians can book an appointment via the QR code below. Registration is online and involves providing information about your (i) general and professional demographics; (ii) current research skill/capacity; (iii) specific research question or project (takes approximately 15 minutes).

What happens next?

Once completing your registration, the Allied Health Research Team will contact you via email to schedule an appointment which is approximately 50 minutes, in NCHER or via Teams. The appointment is with at least two experienced allied health researchers, including Associate Professor Adam Semciw. Additional members may include a biostatistician, allied health research lead and/or an ethics representative, depending on your research project requirements and phase.

Contact our team if you would like any further information prior to scheduling an appointment 😊

<https://redcap.nh.org.au/surveys/?s=JN4RRT8MA4>



NOVEMBER 20, 2025

Stepping Into Research (SIR) Program



Q&A: Monika Sekulov – Speech Pathology**1. What inspired you to pursue research in speech pathology? What gap or challenge in clinical practice were you aiming to address?**

One of the reasons I started working in public health was because of the opportunities to be involved in projects and research. I have always been interested in non-clinical work that aims to improve speech pathology and influence change beyond direct patient care. This started with working on QI activities and completing the Allied Health Leadership Program in 2023, before Stepping Into Research in 2024. My SIR review explored the role of allied health in providing education and training to parents of high-risk infants in inpatient settings, exploring the challenges of delivering intervention and education to this vulnerable population.

**2. What's next for your research, and how do you see it influencing patient care or service delivery?**

I am currently working on an audit of the paediatric HEN program at NH and have applied to present at the Speech Pathology Australia conference in 2026. This quality project describes changing trends in patients accessing this program, and the relationship between prematurity, birth weight, and medical diagnoses as factors influencing successful tube weaning. Future service design, including eligibility criteria and digital monitoring options, will be informed by research findings.

3. How do you juggle working clinically and completing research? Do you have any tips for clinicians?

My tips would be:

- 1) Take study leave! It's there for a reason and it really helps to have a day dedicated to working on your research
- 2) Organise regular meetings with your mentors/fellow researchers to keep you on track and remind you why you're doing the research
- 3) Set up proposed timelines for meeting certain targets, breaking down the workload into smaller chunks

4. What's one thing your colleagues might not know about you?

I did a one month road trip in WA by myself earlier this year, driving all the way from Exmouth to Esperance, along the west coast. The trip featured hiking, swimming with whale sharks and dolphins, and lots and lots of podcasts. Hoping to do something similar again next year in Tassie!

Q&A: Hannah Silva - Dietetics**1. What inspired you to pursue research in dietetics? What gap or challenge in clinical practice were you aiming to address?**

I felt inspired by the research dietitians I would hear at conferences and enjoyed completing quality improvement projects in my dietetics role. Many years ago, I completed the Stepping into Research Project which further sparked my interest in research. I was presented with an opportunity to undertake my PhD years later in an area I was working in and passionate about – the low FODMAP diet in IBS. My PhD investigated the long-term outcomes of the low FODMAP diet in irritable bowel syndrome including symptoms, quality of life, genetic predictors of response to the diet and investigated long-term safety around impact to the microbiome, metabolic outcomes and investigated potential development of eating disorders.

**2. What's next for your research, and how do you see it influencing patient care or service delivery?**

My research has demonstrated the overall safety of the low FODMAP diet in IBS, long term effectiveness and highlighted the importance of dietetic support to achieve diet liberalisation and improve quality of life. We are very fortunate to have received funding for our Gastroenterology Dietetic Disorders of Gut Brain Interaction clinics which I set up in 2023 to support our patients who require the low FODMAP diet and other dietary interventions.

I am currently working on publishing the rest of my PhD papers and we are evaluating our Gastroenterology Screening Clinic to see how we can improve our service for our patients. There is lots of research into diet for people with IBD going on so a future goal would be to evaluate the dietetic service we are providing to this group of patients and how we can improve their outcomes through diet.

3. How do you juggle working clinically and completing research? Do you have any tips for clinicians?

I think for people who are interested in research, they should speak with their supervisor and manager about this goal and see what quality improvement projects they could be involved in. Before starting a project, speak with our amazing Allied Health Research Team to help collect high impact data which may be able to be presented at a conference or potentially suitable for publication.

Discuss expectations of your role with your supervisor and how much non-clinical time you have for projects and set time for this aside in your calendar every week. For those who have a larger project in mind, I would recommend undertaking a Masters of Research or PhD.

4. What's one thing your colleagues might not know about you?

I have a 1 year old named Felix who was born on the same special day my doctoral degree was conferred.

Allied Health publications of 2026

1. **Leahy, E.**, Chipchase, L., Cavaleri, R., & Blackstock, F. C. (2025). Does online clinical mentoring for physical therapists enhance clinical practice and patient outcomes? A randomized controlled trial. *Journal of Manual & Manipulative Therapy*, 1–11.
2. Abou Chakra, M., L. **Jessup, R.**, Beauchamp, A., Azar, D., Sharma, L., Gumanti, A., Šeman, M., & Talevski, J. (2025). Strategies to optimize the engagement of culturally and linguistically diverse populations in cardiac research: a systematic review. *European Journal of Cardiovascular Nursing : Journal of the Working Group on Cardiovascular Nursing of the European Society of Cardiology*, 24(4), 500–519. <https://doi.org/10.1093/eurjcn/zvaf007>.
3. Raghunathan, K., Morris, M. E., Wani, T. A., Edvardsson, K., Peiris, C., Fowler-Davis, S., McKercher, J. P., Bourke, S., Danish, S., Johnston, J., Moyo, N., Gilmartin-Thomas, J., **Heng, H. W. F.**, Ho, K., Joyce-McCoach, J., & Thwaites, C. (2025). Using artificial intelligence to improve healthcare delivery in select allied health disciplines: a scoping review protocol. *BMJ Open*, 15(3), e098290. <https://doi.org/10.1136/bmjopen-2024-098290>
4. Talevski, J., Rizk, S., Sher, L., **Jessup, R. L.**, **Semciw, A. I.**, Boyd, J. H., Miller, S. M., & Hutton, J. (2025). Impact of socioeconomic status on utilisation of a Virtual Emergency Department: An exploratory analysis. *Emergency Medicine Australasia*, 37(1), e70011-n/a. <https://doi.org/10.1111/1742-6723.70011>
5. Thwaites, C., Shaw, L., Lui, R., Kiegaldie, D., **Heng, H.**, McKercher, J. P., Volpe, D., Hill, A.-M., Knight, M., & Morris, M. E. (2025). Boosting hospital falls prevention using health assistant staff alongside usual care. *Patient Education and Counseling*, 130, Article 108464. <https://doi.org/10.1016/j.pec.2024.108464>
6. King, M. G., Van Klij, P., Hoak, F., Kierkegaard-Brøchner, S., West, T. J., Scholes, M. J., Heerey, J. J., **Semciw, A. I.**, Ganderton, C., McMillan, R. M., & Bruder, A. M. (2025). Are Women Less Likely to Return to Sport Compared to Men Following Hip Arthroscopy. A Systematic Review and Meta-analysis. *The Journal of Orthopaedic and Sports Physical Therapy*, 55(3), 193–205. <https://doi.org/10.2519/jospt.2025.12813>
7. Golledge, J., Parra, S., Aldons, P. M., **Frescos, N.**, Iseli, R. K., Pardey, T. M., Pretorius, C. F., Shum, O. R., Yates, P. A., Bascoul, C. B., Doolittle, D. K., Rege, A. A., Thanawala, V. J., Giles, H., & Woodward, M. C. (2025). A randomised, double-blind, placebo-controlled study to determine the analgesic efficacy, safety and tolerability of VPX638 administered topically to painful wounds. *Wound Repair and Regeneration*, 33(1), e70008-n/a. <https://doi.org/10.1111/wrr.70008>
8. **Baines, B. L.**, Lawrence, J., Hutton, J., Sher, L., Semciw, A. I., Boyd, J. H., **Jessup, R. L.**, Miller, S. M., & Talevski, J. (2025). Self-referral trends to a virtual emergency department following initial presentation: A retrospective exploratory analysis. *Australasian Emergency Care*, 28(3), 221–226. <https://doi.org/10.1016/j.auec.2025.03.008>
9. Munteanu, S. E., **Cotchett, M.**, Oates, M. J., **Frescos, N.**, Chuter, V., Frecklington, M., Butler, M. T., Haley, N. W., & Menz, H. B. (2025). Key capabilities required for podiatry graduates: A Delphi consensus study. *Journal of Foot and Ankle Research*, 18(1), e70036-n/a. <https://doi.org/10.1002/jfa2.70036>

Allied Health publications of 2026

10. Matt, A.-R., Kemp, J. L., Mosler, A. B., Salmon, L., Gomes, D. A., De Livera, A., Hateley, E., & **Semciw, A. L.** (2025). Do preoperative interventions affect patient satisfaction or expectation fulfilment following total hip arthroplasty? A systematic review. *JSAMS Plus*, 5, Article 100089. <https://doi.org/10.1016/j.jsampl.2025.100089>
11. **Dun, C.**, Palmer, C., & Turville, M. (2025). Driving a motor vehicle and living with a mental health condition: The personal and professional experiences of consumer lived experience staff. *Australian Occupational Therapy Journal*, 72(2), e13000-n/a. <https://doi.org/10.1111/1440-1630.13000>
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