

WHAT WILL HAPPEN AT EACH APPOINTMENT?

| Gestation | What? |
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| Confirmation of Pregnancy | <p>Initial visit to your GP for:</p> <ul style="list-style-type: none"> • Antenatal blood tests/screening. • Referral to Northern Health which includes your expected date of delivery (EDD), medical history, any obstetric history, and relevant test results. • GP clearly identifies your wish to enter Shared Maternity Care (SMC) program. |
| 10-16 Weeks | <p>Phone call booking in appointment at the hospital:</p> <ul style="list-style-type: none"> • Review of tests received in your referral. • Hospital information and orientation. • Pregnancy education. • Pathology slips sent to you, including NIPA testing. • Risk factors identified for eligibility into Shared Maternity Care pathway. • If accepted into Shared Maternity Care, you will receive an email with additional information. • Your GP will provide you with documents at your next appointment that you must take with you to every appointment. |
| 18 Weeks | <p>GP visit booked by you:</p> <ul style="list-style-type: none"> • Confirm eligibility for SMC. • Check baby's heart rate and movements (may not be felt at this gestation). • Check your weight and BP • You will be reminded to book a Morphology ultrasound before your 22-week appointment. |
| 22 Weeks | <p>Hospital visit face-to-face:</p> <ul style="list-style-type: none"> • Confirm eligibility for SMC. • Results of Morphology scan given to you. • Influenza vaccination (20-32 weeks). • Pathology slip given to you for 22-28 week bloods. • Education provided. |
| 28 Weeks | <p>Hospital visit face-to-face:</p> <ul style="list-style-type: none"> • Confirm eligibility for SMC. • Check baby's heart rate and movements. • Check your weight and BP. • Education about fetal movements. • Braxton Hicks education. • Childbirth education classes/BF classes in the area. • RSV vaccination (28-36 weeks) |

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| <p>31-32 Weeks</p> <p>34-35 Weeks</p> | <p>GP visit booked by you:</p> <ul style="list-style-type: none"> • Confirm eligibility for SMC. • Check baby's heart rate and movements. • Check your weight and BP. • 26-28 week bloods reviewed if not yet done. • GBS screening education • Labour and birth preparation. • Education about premature labour, early vs active labour, pain relief management options at home. <p>GP visit booked by you:</p> <ul style="list-style-type: none"> • Check baby's heart rate and movements. • Check your weight and BP. • Pathology slip given for bloods and GBS swab. <p>Please note: If you are Rhesus Negative, this appointment will be at the hospital.</p> |
| <p>36-37 Weeks</p> | <p>Hospital visit face-to-face:</p> <ul style="list-style-type: none"> • Confirm eligibility for SMC. • Check baby's heart rate and movements. • Check your weight and BP. • GBS results. • Postnatal and newborn care education. • Feeding education and antenatal expressing (if plans to BF). • When to call/come in for suspected labour. • Complete birth plan <p>Please note: If you are in the Modified Shared Care pathway, this appointment will be a double appointment with a doctor and a midwife, please ensure you stay for both appointments.</p> |
| <p>38 Weeks</p> | <p>GP visit booked by you:</p> <ul style="list-style-type: none"> • Confirm eligibility for SMC. • Check baby's heart rate and movements. • Check your weight and BP. |
| <p>39 Weeks</p> | <p>GP visit booked by you:</p> <ul style="list-style-type: none"> • Confirm eligibility for SMC. • Check baby's heart rate and movements. • Check your weight and BP. |
| <p>40 Weeks to 40+6 Weeks</p> | <p>Hospital visit face-to-face:</p> <ul style="list-style-type: none"> • Informed Consent for IOL with patient confirming method • Check baby's heart rate and movements. • Check your weight and BP. |
| <p>41 Weeks+</p> | <p>To be seen by the Maternity Assessment Centre (MAC) until birth.</p> |

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- ✚ All standard Shared Care appointments will be on a Monday only, located at Craigieburn Community Hospital.
 - ✚ If you are in the Modified Shared Care Pathway, your appointments will be on a Tuesday at The Northern Hospital, Epping. You will see an obstetrician for your appointments.
 - ✚ If you become ineligible for Shared Care, your appointments will change to Tuesdays at Northern Hospital, Epping.
 - ✚ You will be informed which care pathway you are under.
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- ✚ General queries about your pregnancy can be directed to your GP or Midwife at each antenatal appointment.
 - ✚ If you are concerned about you or your baby after 20 weeks gestation, contact the Maternity Assessment Centre on: (03) 8405 2277
 - ✚ Concerns regarding your Shared Care provider, or questions about the Shared Care program can be directed to the GP Liaison Midwife from Monday to Thursday between 0900-1530:

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