

Meet our Peer Supporter

Nicola Mott

The Peer Support Program provides staff and volunteers with access to trained colleagues who can offer a **listening ear, brief emotional support, and practical guidance** after challenging or distressing events at work or home.

It is a confidential contact, support and referral service provided **to our people, by our people.**

Whether you've experienced a critical incident, a difficult patient interaction, a personal struggle at home, or simply need someone to talk to who understands the challenges of healthcare, I'm here for you.



Role and Team: Imaging Manager Radiology

Campus: Northern Hospital

Available for Peer Support: Monday to Friday, 8am -4.30pm

Preferred method of contact: 0461 366 736

Why I became a Peer Supporter: In my current role I have many conversations with my team and want to offer support and guidance to others. I am a good listener and think I have the right attributes for this role.

About Me: I love to keep active by going to the gym and my new passion of reformer Pilates. I also enjoy coffee catch ups with my girlfriends and regular weekend trips away and holidays to my family in the UK.



SCAN TO CONTACT
OTHER PEER SUPPORTERS