

Meet our Peer Supporter

Anu Pramod

The Peer Support Program provides staff and volunteers with access to trained colleagues who can offer a **listening ear, brief emotional support, and practical guidance** after challenging or distressing events at work or home.

It is a confidential contact, support and referral service provided **to our people, by our people.**

Whether you've experienced a critical incident, a difficult patient interaction, a personal struggle at home, or simply need someone to talk to who understands the challenges of healthcare, I'm here for you.



Role and Team: ANUM Unit 2 Rehabilitation

Campus: Broadmeadows Hospital

Available for Peer Support: Shift work, usually AM/PM

Preferred method of contact: anu.Pramod@nh.org.au

Why I became a Peer Supporter: I became a peer supporter because I believe it is important that we support each other in the workplace as healthcare can sometimes be challenging, and having someone to listen and provide support can make a real difference.

About Me: I am really passionate about my role as a nurse and about creating a supportive environment for everyone around me. I enjoy spending time with my family, listening to music and gardening



SCAN TO CONTACT
OTHER PEER SUPPORTERS