

## Meet our Peer Supporter

Bronwyn Spiers

The Peer Support Program provides staff and volunteers with access to trained colleagues who can offer a **listening ear, brief emotional support, and practical guidance** after challenging or distressing events at work or home.

It is a confidential contact, support and referral service provided **to our people, by our people.**

Whether you've experienced a critical incident, a difficult patient interaction, a personal struggle at home, or simply need someone to talk to who understands the challenges of healthcare, I'm here for you.



**Role and Team:** Antenatal Clinic Midwife Coordinator

**Campus:** Northern Hospital, Epping

**Available for Peer Support:** Monday-Thursday 0800-1630

**Preferred method of contact:** Phone 0437103097 or email [Bronwyn.Spiers@nh.org.au](mailto:Bronwyn.Spiers@nh.org.au)

**Why I became a Peer Supporter:** I became a Peer Supporter because I understand the stressors we face in the workplace and how challenging it can be to balance the demands of work and home. I value creating a safe, non-judgmental space where colleagues feel heard and understood.

**About Me:** I've been a nurse for 40 years and a midwife for 30 years. I'm a beekeeper, bookworm and a single mum to young adults, a dog and 2 chooks. Calm, approachable and here to listen



SCAN TO CONTACT  
OTHER PEER SUPPORTERS