

Meet our Peer Supporter

Deborah Nua

The Peer Support Program provides staff and volunteers with access to trained colleagues who can offer a **listening ear, brief emotional support, and practical guidance** after challenging or distressing events at work or home.

It is a confidential contact, support and referral service provided **to our people, by our people.**

Whether you've experienced a critical incident, a difficult patient interaction, a personal struggle at home, or simply need someone to talk to who understands the challenges of healthcare, I'm here for you.



Role and Team: Registered Nurse, GEM Unit

Campus: Broadmeadows Hospital

Available for Peer Support: Variable shift work

Preferred method of contact: Reach me in person, email (Deborah.nua@nh.org.au) or phone (8405 5278).

Why I became a Peer Supporter: To support anyone who might be facing challenges, to provide another avenue to seek support. I care about staff wellbeing and promoting a safe space for staff.

About Me: I have worked with older patients for more than 20 years, moved into the subacute setting 4 years ago and finding enjoyment in this area. I spend my spare time with my beautiful Great Pyrenees/Maremma dogs. I enjoy catching up with friends, and checking out new cafes around Melbourne. I love to travel (when I can), and I am an avid flyer to the Island of Samoa (where my parents migrated from) where I can relax and enjoy the sun ☺



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OTHER PEER SUPPORTERS