

Meet our Peer Supporter

Joven Tongco

The Peer Support Program provides staff and volunteers with access to trained colleagues who can offer a **listening ear, brief emotional support, and practical guidance** after challenging or distressing events at work or home.

It is a confidential contact, support and referral service provided **to our people, by our people.**

Whether you've experienced a critical incident, a difficult patient interaction, a personal struggle at home, or simply need someone to talk to who understands the challenges of healthcare, I'm here for you.



Role and Team: Associate Nurse Unit Manager, Unit 3

Campus: Broadmeadows Hospital

Available for Peer Support: Tuesday to Saturday, variable shift work hours

Preferred method of contact: 8345 5278

Why I became a Peer Supporter: I became a Peer Supporter because I strongly value kindness and compassion, and I believe these values are fundamental to overall quality of care. I've seen how a supportive and empathetic environment can make a meaningful difference in people's experiences, especially during challenging times. Being able to offer understanding, listen without judgment, and support others aligns with my values, and I'm motivated to contribute to a culture where people feel respected, cared for, and supported.

About Me: My faith is central to who I am. I make it a priority to attend church regularly, as it helps me stay connected and aligned with what matters most. Outside of work, I like to keep active and energised through sports. In my downtime, I enjoy exploring new cafés, especially discovering a great cup of coffee paired with a hearty brunch. It's my way of unwinding and recharging, often shared with friends or loved ones.



SCAN TO CONTACT
OTHER PEER SUPPORTERS