

## Meet our Staff Peer Supporter

Yue Hu

The Staff Peer Support Program provides staff and volunteers with access to trained colleagues who can offer a **listening ear, brief emotional support, and practical guidance** after challenging or distressing events at work or home.

It is a confidential contact, support and referral service provided **to our people, by our people.**

Whether you've experienced a critical incident, a difficult patient interaction, a personal struggle at home, or simply need someone to talk to who understands the challenges of healthcare, I'm here for you.



**Role and Team:** Director, TALS (Transcultural & Language Services)

**Campus:** Northern Hospital, Epping

**Available for Peer Support:** Mon – Fri, 8am – 5pm. I'm happy to support staff any time unless I am in meetings, which will show in MS Teams.

**Preferred method of contact:** Email- [yue.hu@nh.org.au](mailto:yue.hu@nh.org.au); OR MS Teams; OR phone 0437 414 832

**Why I became a Peer Supporter:** I love listening and I enjoy being with someone who needs a good listener. Being a migrant myself and having worked in the area of diversity and inclusion for many years gives me good insights on how to support peers from diverse backgrounds. I also learn and grow myself while helping and supporting others.

**About Me:** I'm an introvert, but a curious person. Life has been an adventure.



**Northern Health**  
STAFF PEER SUPPORT



SCAN TO CONTACT  
OTHER PEER SUPPORTERS