

Meet our Staff Peer Supporter

Melissa Sajeva

The Staff Peer Support Program provides staff and volunteers with access to trained colleagues who can offer a **listening ear, brief emotional support, and practical guidance** after challenging or distressing events at work or home.

It is a confidential contact, support and referral service provided **to our people, by our people.**

Whether you've experienced a critical incident, a difficult patient interaction, a personal struggle at home, or simply need someone to talk to who understands the challenges of healthcare, I'm here for you.



Role and Team: HIS Operations Manager, Coding

Campus: Northern Hospital, Epping

Available for Peer Support: Monday – Friday, 7am – 5.30pm

Preferred method of contact: Melissa.sajeva@nh.org.au

Why I became a Peer Supporter: I am excited to be part of this initiative and I welcome the opportunity to provide support to assist the wellbeing of the hard working and dedicated NH staff.

About Me: I am passionate about Northern Health and have worked here since 2006. I have lived in the Northern suburbs all my life (I was even born at PANCH). I am a mum to three primary school aged children and a big AFL fan. When I get a chance, I love to read and I can be dangerous with a credit card as I am a huge bargain shopper. I enjoy travelling with my family within and outside of Australia and cruising is a favourite past time.



Northern Health
STAFF PEER SUPPORT



SCAN TO CONTACT
OTHER PEER SUPPORTERS