

Staff Peer Support Program

The Staff Peer Support Program provides staff and volunteers with access to trained colleagues who can offer a **listening ear, brief emotional support, and practical guidance** after challenging or distressing events at work or home.

It is a confidential contact, support and referral service provided **to our people, by our people.**

Whether you've experienced a critical incident, a difficult patient interaction, a personal struggle at home, or simply need someone to talk to who understands the challenges of healthcare, our Staff Peer Supporters are here for you.



Northern Health
STAFF PEER SUPPORT



SCAN TO
MEET AND CONTACT
THE STAFF PEER
SUPPORTERS

OR VISIT THE STAFF PEER
SUPPORT INTRANET PAGE