

Northern Health



Disability Action Plan 2023 to 2026

Northern Health



Easy English

Hard words



This book has some hard words.

The first time we write a hard word

- the word is in **blue**

- we write what the hard word means.

You can get help with this book



You can get someone to help you

- read this book

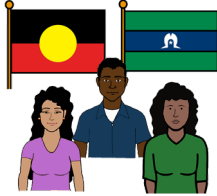
- know what this book is about

- find more information.



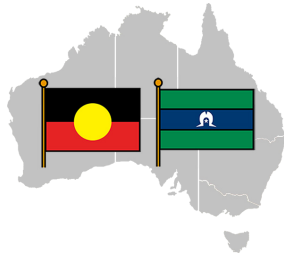
We will write contact information at the end of this book.

We acknowledge First Nations people



Acknowledge means we understand the importance of **First Nations people's**

- culture
- language
- history.



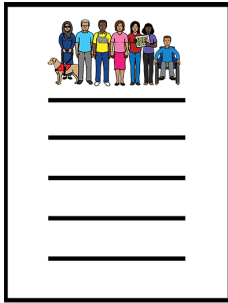
First Nations people are the Aboriginal and Torres Strait Islander people.

In our area the First Nations people are called the Wurundjeri people.

About this book

Northern Health

This book is from Northern Health.



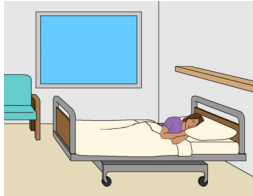
This book is about our **Disability Action Plan**.

We will call it **the plan** in this book.



The plan says how we will support people with disability who

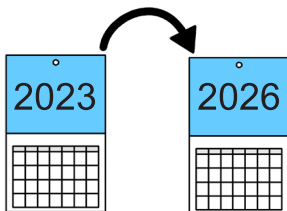
- visit our hospitals



- get our health care



- work for us.



The plan is about the things we want to do from 2023 to 2026.

How we made this plan

To make this plan we listened to many people who know about life with disability.

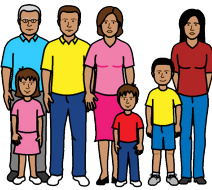


We asked these people what we can do better.

People we listened to include



- patients with disability



- their family members and friends

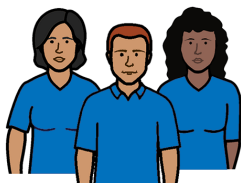


- carers and support workers

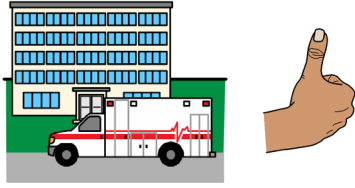


- disability services

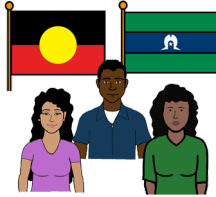
- doctors and nurses



- other people who work for us.



We want to make our hospitals better for all kinds of people with disability.



So we also listened to

- First Nations people



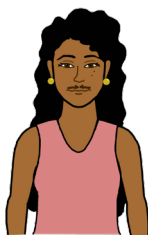
- people who came to Australia from another country



- people who speak another language



- people who are **LGBTIQ+**.



LGBTIQ+ is a way to say what you feel and understand about

- who you are as a person



- who you love.

1	_____
2	_____
3	_____

What the plan says

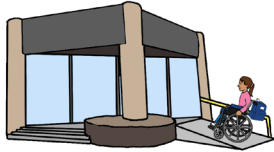
The plan talks about 3 topics.

We call them **pillars**.

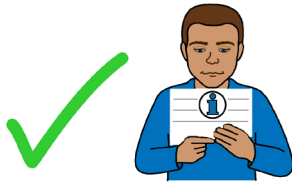


Each pillar says what we want to do better for people with disability.

1 We will make our hospitals more accessible



Accessible means easy for everyone to use.



We want to make sure that our information is easy to understand.



We also want to make it easy for everyone to talk to us.



For example we will check if we need more support for

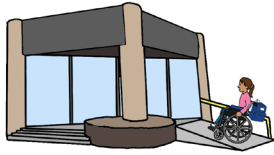
- people who use communication boards



- people who use sign language



- people who speak a language other than English.



We want to make sure that our hospitals are

- easy to get to



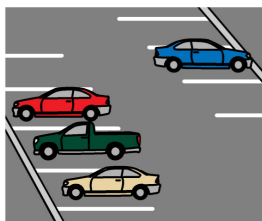
- easy to move around in

- safe for everyone.

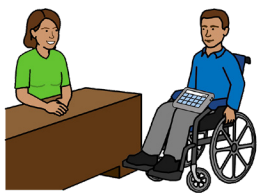


For example we will check if we need better

- signs



- parking.

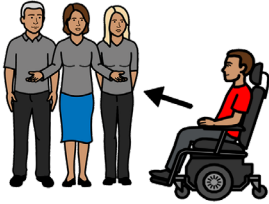


We will listen more to people with disability when we make plans for our hospital.



We want to work together more with people who understand life with disability.

2 We will make our hospitals more inclusive

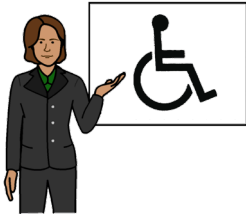


Inclusive means everyone

- can be part of something



- feels important.



We will teach our staff more about disability.



We will make sure our health care is safe for

- people with disability



- First Nations people



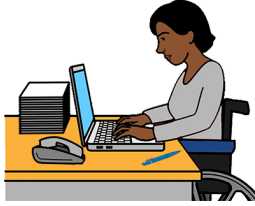
- people from other cultures.



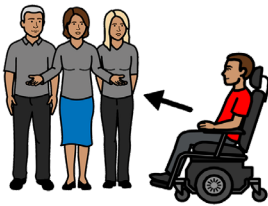
We will work with other organisations to make sure our health care is safe.



We want more people with disability to work with us.

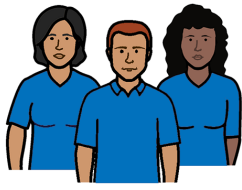


We will have more jobs for people with disability.

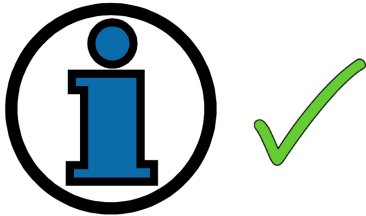


We will check how we can make people with disability feel more welcome.

3 We will be ready to change



We want all hospital staff to work together to support people with disability.



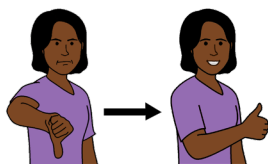
Everyone should have the same information about how to support people with disability.



We will keep learning about what people with disability need.

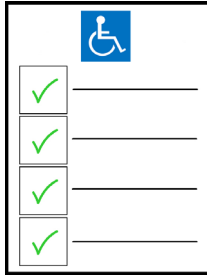


We will make it easier for people with disability to tell us what we can do better.

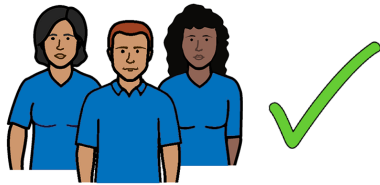


We want to change things that do **not** work well.

How we make sure the plan works



We have rules about how to give good health care to people with disability.



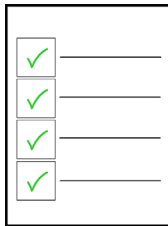
All our staff **must** follow the rules.

We tell our staff what they need to do next.



Every 3 months we will check

- if the plan works
- if we reach our **goals**.



Goals are things we want to happen.



We will write reports about how we are doing.



More information

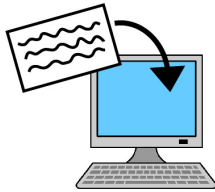
For more information contact
Northern Health.



Call 0400 971 396



Website nh.org.au



Email disabilityliaison@nh.org.au

**You can read the full Disability Action Plan
on our website.**



nh.org.au/disability-action-plan-2023-2026



If you do not speak English

Use the free Translating and Interpreting Service or TIS.



Call 131 450

Give the TIS officer the phone number you want to call.



If you need help to speak or listen

The National Relay Service can help you make a phone call.



Call 1800 555 660



Website accesshub.gov.au/nrs-helpdesk

Give the relay officer the phone number you want to call.

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