

Meet our Peer Supporter

Yue Hu

The Peer Support Program provides staff and volunteers with access to trained colleagues who can offer a **listening ear, brief emotional support, and practical guidance** after challenging or distressing events at work or home.

It is a confidential contact, support and referral service provided **to our people, by our people**.

Whether you've experienced a critical incident, a difficult patient interaction, a personal struggle at home, or simply need someone to talk to who understands the challenges of healthcare, I'm here for you.



Role and Team: Director, TALS (Transcultural & Language Services)

Campus: Northern Hospital, Epping

Available for Peer Support: Mon – Fri, 8am – 5pm. I'm happy to support staff any time unless I am in meetings, which will show in MS Teams.

Preferred method of contact: Email- yue.hu@nh.org.au; OR MS Teams; OR phone 0437 414 832

Why I became a Peer Supporter: I love listening and I enjoy being with someone who needs a good listener. Being a migrant myself and having worked in the area of diversity and inclusion for many years gives me good insights on how to support peers from diverse backgrounds. I also learn and grow myself while helping and supporting others.

About Me: I'm an introvert, but a curious person. Life has been an adventure.



SCAN TO CONTACT
OTHER PEER SUPPORTERS