

Meet our Peer Supporter

Natalia Dewiyani

The Peer Support Program provides staff and volunteers with access to trained colleagues who can offer a **listening ear, brief emotional support, and practical guidance** after challenging or distressing events at work or home.

It is a confidential contact, support and referral service provided **to our people, by our people**.

Whether you've experienced a critical incident, a difficult patient interaction, a personal struggle at home, or simply need someone to talk to who understands the challenges of healthcare, I'm here for you.



Role and Team: Pastoral Care Coordinator, Spiritual Care

Campus: Northern Hospital, Epping

Available for Peer Support: Monday – Friday, 8.30am – 5pm

Preferred method of contact: natalia.dewiyani@nh.org.au

Why I became a Peer Supporter: I believe in the importance of offering holistic care not just for patients, but also for staff. NH staff have gone through a lot in the last few years. When staff feel supported and care for, the patients will also feel the same. Happiness never decreases when shared, it multiplies.

About Me: I joined NH in May 2021 after taking a spiritual care internship at Peter Mac Hospital. Many are surprised I previously worked in IT. I am grateful I am still smiling today after having two cancer diagnoses. I admire and respect healthcare staff (especially nurses) through my lengthy hospital stays. I am passionate about advocating for cancer (consumer for 2 cancer organisations) and inclusivity (member of NH Rainbow Working Group). I see life as a fun adventure. I love my walks, waterfalls and being in nature (sometimes, you'll spot me in the playground too). I enjoy my garden and sharing the harvest. I have a mission to make this world a happier place, one smile (and one hug except during Covid) at a time. It is always the little things that make a big difference.



SCAN TO CONTACT
OTHER PEER SUPPORTERS