



Cleaning your mask

It's important to clean your mask, tubing, and the humidifier tub regularly. We recommend you clean your mask every day and tubing/humidifier at least weekly.

Cleaning tips:

1. Disconnect the tubing and humidifier tank from the machine and disassemble the mask.
2. Clean in a sink or tub with mild liquid detergent in warm water.
3. Rinse thoroughly with warm water.
4. Place on a towel on a flat surface to dry out of direct sun light.



Scan the QR code to watch a video on cleaning your mask or click the link below:

[Quick and easy: Daily CPAP mask cleaning tips](#)