



Referral Form

STICK PATIENT BRADMA HERE

Northern Heart
The Northern Hospital Cardiology Department
185 Cooper Street EPPING VIC 3076
Phone: (03) 8405 8554 Fax: (03) 8405 8405

Northern Heart
Epping Medical and Specialist Centre
Level 2, 230 Cooper Street EPPING VIC 3076
Phone: (03) 8405 8554 Fax: (03) 8405 8405

Please tick what is required:

Consultation with:

- ☐ Prof. William van Gaal (Director)
- ☐ Dr. F. A. (Larry) Ponnuthurai (Deputy Director)
(Head, Cath Lab / CCU)
- ☐ A/Prof. Nagesh Anavekar (Head, Echocardiography)
- ☐ A/Prof. Uwais Mohamed (Head, Electrophysiology)
- ☐ A/Prof. Gautam Vaddadi (Head, Heart Failure)
- ☐ Prof. Peter Barlis
- ☐ Dr. Asrar Ul Haq
- ☐ Dr. Chris Lim
- ☐ Dr. Han Lim
- ☐ Dr. Nilesh Mehta
- ☐ Dr. Vivek Mutha
- ☐ Dr. Om Narayan
- ☐ Dr. Manoj Obeyesekere
- ☐ Dr. Naveen Sharma

Investigations:

- ☐ 12 Lead ECG
- ☐ 24 Hour Holter Monitoring
- ☐ 24 Hour Blood Pressure Monitoring
- ☐ Transthoracic Echocardiogram
- ☐ Stress Echocardiogram
- ☐ Dobutamine Stress Echocardiogram
- ☐ Transoesophageal Echocardiogram (TOE)
- ☐ Treadmill Exercise Stress ECG
- ☐ Tilt Table Test

Clinics:

- ☐ Rapid Access Chest Pain
- ☐ PCI Clinic
- ☐ Heart Failure Clinic
- ☐ Hypertension Clinic
- ☐ Other (specify):

Clinical Details:

Referring Doctor: (Please print)

Surname:

First Name:

Provider No:

Address:

Phone:

Fax:

Signature:

Date:

Fax referral to: Northern Heart (03) 8405 8405

Date successfully faxed: ____/____/____ by: _____
(print name)

General Checklist

Pregnant ☐ Yes ☐ No

Allergies ☐ Yes ☐ No

Details: _____

Patient Weight (If over 100 kg): _____

AFFIX PATIENT IDENTIFICATION LABEL HERE

UR NUMBER: _____

SURNAME: _____

GIVEN NAME: _____

DATE OF BIRTH: _____ SEX: _____

Diagnostic Imaging Use Only

TIME OUT Correct Patient

Patient to state full name, DOB and address where practical.

Please tick three relevant Patient Identifiers before commencing examination

☐ Full Name ☐ DOB ☐ Address ☐ Wristband ☐ Ankleband

☐ Ward / Staff / Relative assisted with identity of patient

Correct Examination ☐ Yes ☐ No (Patient verification with clinical history as required)

Instructions

Echocardiogram:

- An ultrasound of the heart.
- No preparation is required.
- The test takes approximately 30 minutes.

Treadmill Exercise Stress ECG:

- Comfortable clothing and walking shoes should be worn.
- Fasting is required for two hours prior to the procedure (no food or drink).
- Some medication may need to be stopped; please check with your referring doctor or contact the Cardiology Department.
- Test takes approximately 45 minutes.

Treadmill Stress Echocardiogram:

- Comfortable clothing and walking shoes should be worn.
- Fasting is required for two hours prior to the procedure (no food or drink).
- Some medication may need to be stopped; please check with your referring doctor or contact the Cardiology Department.
- Test takes approximately 45 minutes.

Dobutamine Stress Echocardiogram:

- Medications are given to speed up the heart.
- Fasting is required for two hours prior to the procedure (no food or drink).
- Some medication may need to be stopped up to 48 hours prior to this test; please check with your referring doctor or contact the Cardiology Department.
- Test takes approximately 45 minutes.

Transoesophageal Echocardiogram:

- Fasting is required for four hours prior to the procedure (no food or drink).
- After sedation, a probe is swallowed to provide ultrasound images of the heart.
- You will be unfit to drive following this procedure, and will need someone to drive you home.
- Test takes approximately 60 minutes.

24 Hour Holter Monitor and 24 Hour Blood Pressure Monitor:

- Monitors are worn to measure heart rate or blood pressure rate for a 24 hour period.
- No showering is permitted whilst wearing the monitor.
- The monitor must be returned the following day at the same time it was fitted.

Tilt Table:

- Fasting is required for four hours prior to the procedure (no food or drink).
- You will be unfit to drive following this procedure, and will need someone to drive you home.
- Test takes approximately 60 minutes.

